

# Gym Sports

**DATE:** Sun 4th Oct, 9.30am start

**VENUE(S):** Olympia Gymnastic Sports, Cnr Corsair Drive and Springs Road, Christchurch

**AGE:** As at 30 September 2009  
20+ Men & Women for MAG, WAG, Rhythmic and TRAMP (out of competition for at least 2 years)  
30+ Men & Women for Aerobics

**SPORTS FEE:** \$30 per person plus \$10 per extra event per person

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Please send this completed sports coupon with the Completed Registration Form.



Age Groups  20+  30+  40+  50+  55+  Male  Female  
Events  MAG  WAG  RG  TRAMP  AER  
Grade  Novice  Advanced  Individual  Team

Team Name \_\_\_\_\_

Co-ordinator name & phone no \_\_\_\_\_

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| <ul style="list-style-type: none"><li>• Teams can consist of 3-4 members (2-6 for Aerobics).</li><li>• Team coordinator to complete team list in booklet.</li><li>• All team members to complete an entry form.</li><li>• Routines are specified as per sports information pack.</li><li>• Novice: MAG &amp; WAG: No flickflacks, no saltos, no giants.</li></ul> | <ul style="list-style-type: none"><li>• Advanced: MAG &amp; WAG: Level 6+ Nationals Programme.</li><li>• MAG/WAG = Mens/Womens Artistic Gymnastics</li><li>• RG = Rhythmic Gymnastics</li><li>• TRAMP = Trampoline</li><li>• AER = Aerobics</li></ul> |
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