

Road Relay

DATE: Sun 4th Oct, 9am start

VENUE(S): North Hagley Park,
Armagh Street Carpark Entrance

AGE: As at 30 September 2009
30+ Men & Women (no age
groups)

SPORTS FEE: \$10 per person

CONTACT: Chris Thomas
Phone: (027) 297 9643

EMAIL: relay@simasters.co.nz

Road Relay Run/Walk

Please send this completed sports coupon with the Completed Registration Form.



Gender Male Female
Event Men's Relay Run Women's Relay Run Men's Relay Walk
 Women's Relay Walk Mixed Relay Run Mixed Relay Walk

Teams of four each to run/walk one 5km lap. The course is on flat pathways inside Hagley Park.

Team name.....

Team captain..... Contact phone.....

Team members.....

1.....

2.....

3.....

4.....

All team members to complete an entry form.

For more information see www.simasters.co.nz